

Fargo/Moorhead/West Fargo Area Food Pantries and Meal Sites

Monday

Dorothy Day Food Pantry-Monthly Credits Provided
218-656-7628 | 1308 Main Ave, Moorhead
4:00 - 8:00 PM

Emergency Food Pantry- Available Every Other Month
701-237-9337 | 1101 4th Ave N, Fargo
10:00-11:30am – 1:30-3:30pm

Micah's Mission-Meals
218-656-7495 | 1901 1st Ave N, Moorhead
Served 12:00-1:30pm – 5:30-7:00pm

Olivet Lutheran -Available 1st & 3rd Monday
701-235-6603 | 1330 S University Dr, Fargo
4:30-6:30pm

The Salvation Army -Meals
701-232-5565 | 304 Roberts St., Fargo
8:00-9:00am – 11:30-12:30pm

Tri-City Haitian Ministries Food Pantry –
Available Weekly
701-235-0115 | 1419 17th St S, Fargo
4:00 – 6:00pm

West Fargo Eats – Call In Order Once A Month
701-532-0394 | 1402 16th St E, West Fargo
Call for Tues. box pick-up from 9-11am or 5-7pm

Valley Senior Services – Meals for Ind 60+
701-293-1440 |
Call or visit website for meal locations

Tuesday

A Place for Hope – Available Every 3rd Week
218-284-6069 | 2419 12th Ave S, Ste 1, Moorhead
11am – 3pm

1st United Methodist Church- Dinner
701-232-4416 | 906 1st Ave S, Fargo
Served 5:00-6:30pm

Church of God's Word- Available Monthly
701-412-3972 | 227 W Main Ave, West Fargo
Call for Appointment

Dorothy Day Food Pantry-Monthly Credits Provided
218-656-7628 | 1308 Main Ave, Moorhead
12:00-4:00pm

Emergency Food Pantry- Available Every Other Month
701-237-9337 | 1101 4th Ave N, Fargo
10:00-11:30am – 1:30-3:30pm

Micah's Mission- Meals
218-656-7495 | 1901 1st Ave N, Moorhead
Served 12:00-1:30pm – 5:30-7:00pm

Peace Lutheran Church – Available Monthly
701-232-7166 | 1011 12th Ave N, Fargo
10:00 AM - 12:00 PM

West Fargo Eats – Pick Up Order Once A Month
701-532-0394 | 1402 16th St E, West Fargo
9-11am or 5-7pm

Seeds of Hope Food Pantry –
14 Center Ave, Dilworth
6:00-8:00pm

Wednesday

A Place for Hope – Available Every 3rd Week
218-284-6069 | 2419 12th Ave S, Ste 1, Moorhead
11am – 3pm

Dorothy Day Food Pantry-Monthly Credits Provided
218-656-7628 | 1308 Main Ave, Moorhead
4:00-8:00pm

Church of God's Word- Available Monthly
701-412-3972 | 227 W Main Ave, West Fargo
Wed Prior to the 3rd Fri – 6:00-8:00pm

Bridge Pointe Area Food Pantry -Available 2X Month
701-540-1383 | 121 17th St N, Moorhead
2nd & 4th Wed 10:45-12:30pm

Emergency Food Pantry- Available Every Other Month
701-237-9337 | 1101 4th Ave N, Fargo
10:00-11:30am

Micah's Mission- Meals
218-656-7495 | 1901 1st Ave N, Moorhead
Served 12:00-1:30pm – 5:30-7:00pm

The Salvation Army -Meals
701-232-5565 | 304 Roberts St., Fargo
8:00-9:00am – 11:30-12:30pm

West Fargo Eats - – Appointment Needed
701-532-0394 | 1402 16th St E, West Fargo
In person shopping 9-11am – 1-3:30pm – 4:30-7pm



Fargo/Moorhead/West Fargo Area Food Pantries and Meal Sites

Thursday

A Place for Hope – Available Every 3rd Week
218-284-6069 | 2419 12th Ave S, Ste 1, Moorhead
11am – 3pm

Church of God's Word- Available Monthly
701-412-3972 | 227 W Main Ave, West Fargo
Call for Appointment

Dorothy Day Food Pantry-Monthly Credits Provided
218-656-7628 | 1308 Main Ave, Moorhead
12:00 - 4:00 PM

Emergency Food Pantry- Available Every Other Month
701-237-9337 | 1101 4th Ave N, Fargo
10:00-11:30am – 1:30-3:30pm

K.I.D.S Pantry – Available Weekly
701-799-3204 | 725 28th St. N., Fargo
5:00-6:00pm

Micah's Mission- Meals
218-656-7495 | 1901 1st Ave N, Moorhead
Served 12:00-1:30pm – 5:30-7:00pm

Peace Lutheran Church – Available Monthly
701-232-7166 | 1011 12th Ave N, Fargo
3:00-5:00pm

The Salvation Army -Meals
701-232-5565 | 304 Roberts St., Fargo
8:00-9:00am – 11:30-12:30pm

Follow Our Facebook Page for Local
Produce Pop-Ups

Friday

A Place for Hope – Available Every 3rd Week
218-284-6069 | 2419 12th Ave S, Ste 1, Moorhead
11am – 3pm

Church of God's Word- Available Monthly
701-412-3972 | 227 W Main Ave, West Fargo
3rd Friday 4:00-7:00pm

Emergency Food Pantry- Available Every Other Month
701-237-9337 | 1101 4th Ave N, Fargo
1:30-3:30pm

Faith Food Pantry – Available Weekly
7001-232-6844 | 909 19th Ave N, Fargo
2nd & 4th Friday 1:30-3:00pm

Micah's Mission- Meals
218-656-7495 | 1901 1st Ave N, Moorhead
Served 12:00-1:30pm – 5:30-7:00pm

The Salvation Army -Meals
701-232-5565 | 304 Roberts St., Fargo
8:00-9:00am – 11:30-12:30pm

Saturday

Church of God's Word- Monthly
701-412-3972 | 227 W Main Ave, West Fargo
3rd Saturday 10:00-1:00pm

Micah's Mission- Meals
218-656-7495 | 1901 1st Ave N, Moorhead
Served 10:00-11:30am – 5:30-7:00pm

House of Judah Ministry -Available 1st & 3rd Sat
701-729-0229 | 307 W Main Ave, West Fargo
1st & 3rd Saturday 3:00-5:00pm

Sudanese Community of FM –
Available 1st & 3rd Saturday
701-730-6020 | 901 28th St, Ste A, Fargo
4:00-6:00pm

Sunday

Bridge Pointe Area Food Pantry - Meal
701-540-1383 | 121 17th St N, Moorhead
2nd & 4th Sun 11:15am

Church of God's Word- Monthly
701-412-3972 | 227 W Main Ave, West Fargo
3rd Sunday 1:00-3:00pm

Micah's Mission- Meals
218-656-7495 | 1901 1st Ave N, Moorhead
Served 10:00-11:30am – 5:30-7:00pm

The Salvation Army -Meals
701-232-5565 | 304 Roberts St., Fargo
5:00-6:00pm

SNAP (Food Stamps) Hotline
Call for SNAP Application Assistance
1.855.405.0000
Supplemental Nutrition Assistance Program



Updated 8/19/24